**This Is Us-Is Prayer a Practice or a Performance For You?**

**Matthew 6:5-8**

**Is prayer a practice or a performance for you?**

 **Location (vv. 5-6a)**

 **You have no business praying in public if you’re not praying in private. It’s hypocrisy.**

 **Commendation (vv. 5-6)**

 **Proverbs 10:22-**

 **Do you know what a blessing looks like?**

 **Repetition (vv. 7 & 8)**

 **Has the sound of your prayer replaced the sincerity of your prayer?**

**Homework: Identify a place and time for prayer. Start!**

 **Expectation (vv. 5, 6, & 7)**